

# Masciangelo Physical Therapy, LLC

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## Selecting Toys for Children with Gross Motor Challenges

- ❖ Before looking for a toy, it is important to look at your child's physical abilities and needs, as well as, what motivates and makes him/her happy.
- ❖ The goal would be to select a toy that can help them expand and develop his/her skills.
- ❖ Most toys can be made into gross motor activities with a little bit of creativity.
- ❖ Take an active role in your child's playtime.
  - By doing so, you can help modify the activity to challenge your child's needs or to help him/her to be more successful.
  - Confidence enhances skills and success is motivating.
- ❖ Skills are learned through repetition.

## Gift Ideas

*(Please see additional handout with pictures)*

- Trampoline, Jungle Jumparound, bounce house
- Tunnels
- Rock wall
- Balls of all kinds – tennis, playground, basketball, soccer, football, textured/tactile ones, noisy balls, hippity hop, large therapy/yoga ball
- Push toys, shopping carts (ankle weights to weight cart down for heavy work)
- Parachute
- Zipline with harness
- Games: Cranium Hullabaloo, Twister
- Floor Piano, Music Mat
- Sensory and balance stepping stones
- Marble maze balance bases
- Balance board/wobble board
- Moon shoes
- Pogo stick, air pogo jumper, musical hippity hop
- Seated ride on toys – plasma car, radio flyer ziggle, scuttlebug, balance bike
- Adaptive tricycles and bicycles

## **Gift Ideas**

- Scooters – seated and standing
- Sit and spin
- Sports – baseball tee, giant bowling game
- Fitness equipment for children

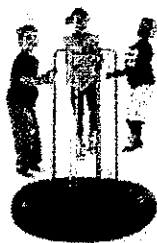
## **Additional Ideas**

- ❖ The gift of time well spent and building memories is always valuable.
  - Think about activities your child likes that maybe he/she struggles with.
  - Set up a private lesson with a coach or teacher to work on these skills with your child and with you. Bring a Physical Therapist along to assist in activity modification as appropriate to your child.
  - Fill a box or container with scrapes of paper with 52 physical activities that your child can select one every weekend for the family to do together. Example: walk around a lake, hike in the woods, build a sandcastle, have a snow ball fight

**Wishing you Happy Holidays and a Wonderful New Year!!**

**Recommendations for Toys to Assist Children  
with Gross Motor Challenges**

(Websites were provided to help in your search, but there be other options available)



Mini Jungle Jumper (Hearthsong.com)



Little Tikes Bounce House (wayfair.com)



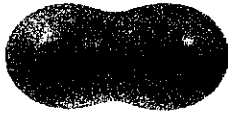
25 large rock climbing holds (amazon.com)



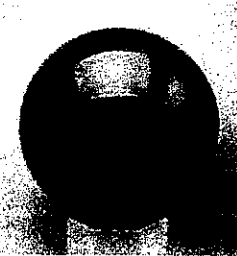
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[hippityhopball.com](http://hippityhopball.com)



Peanut Ball

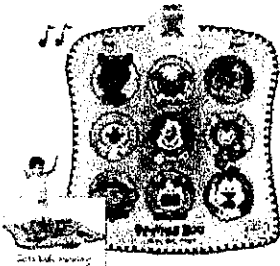


Exercise/Therapy Ball ([wayfair.com](http://wayfair.com))



Petzl Simba child's full body zipline harness ([ziplinegear.com](http://ziplinegear.com))

Complete backyard zipline kit also at the same website

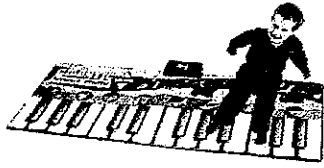


Electronic Musical Playmat ([youngexplorers.com](http://youngexplorers.com))



Dancing Challenge ([cptoy.com](http://cptoy.com))

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Big Keyboard Fun ([cptoys.com](http://cptoys.com))



Sensory Stepping Stones ([toysrus.com](http://toysrus.com))



Balance Hemisphere Stepping Stones ([www.sensoryedge.com](http://www.sensoryedge.com))



Guidecraft Set of Three Marble Maze Balance Bases ([walmart.com](http://walmart.com))



Diggin' Wobble Board ([yoyo.com](http://yoyo.com))



Moon Shoes ([amazon.com](http://amazon.com))



GoGo Pogo (amazon.com)



Jumparoo Air Pogo Jumper (amazon.com)



Musical Hippity Hop (ttgo.com)



Plasma Car (fatbraintoys.com)



Different kinds of scooters  
(fatbraintoys.com)



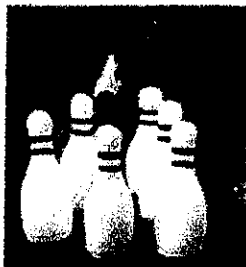
Radio Flyer Ziggle (fatbraintoys.com)



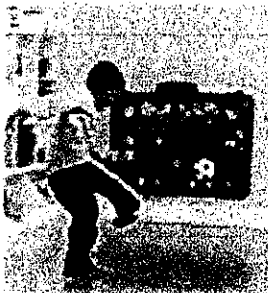
Balance Bike and Scuttlebug ([fatbraintoys.com](http://fatbraintoys.com))



Sit and Spin ([walmart.com](http://walmart.com))



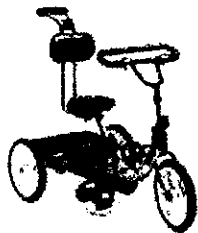
Giant Bowling Game ([hearthsong.com](http://hearthsong.com))



Electronic Soccer Challenge ([hearthsong.com](http://hearthsong.com))



AmTryke Toddler Therapeutic Tricycle ([especialneeds.com](http://especialneeds.com))



Rifton Adaptive Tricycle ([especialneeds.com](http://especialneeds.com))

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Redmon for Kids Fun and Fitness Air Walker (wayfair.com)



Redmon for Kids Fun and Fitness Treadmill (wayfair.com)



Redmon for Kids Fun and Fitness Stationary Bike (wayfair.com)

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