

## Help Your Child Get Ready For

# Kindergarten

The following are skills that would be helpful for your child to know in preparation for Kindergarten.

- Recognize their first name
- Be able to write their first name
- Identify most letters in the alphabet
- Be able to sing the ABC song
- Begin to identify letter sounds, rhyme words
- Name/identify basic colors
- Name/identify basic shapes
- Identify numbers 1-10
- Count numbers 1-20
- Sort by color, shape and size
- Be able to follow a routine and procedures; such as clean up play area and put away toys
- They should be able to answer basic personal questions; age, family info., address, etc.
- Speak up for self, attempt to solve their own problems
- Be able to follow 2-3 step directions
- Be able to take turns and share with their peers
- Follow simple rules
- Listen to a short story without interruption
- Sit to work at a table for 10 minutes
- Be able to hold a book correctly and look at words/pictures from the left to the right
- Play with toys, create with craft materials and hold a pencil for 10 minutes without their hands being becoming tired
- Color in a 3 inch shape without going too far over the line
- Cut out 3 inch shapes well enough that they resemble the shape
- Hold a pencil with their fingers rather than their fist
- Be independent in the bathroom; manage clothing, wash and dry hands
- Be able to cover their mouth when coughing or sneezing; use a tissue
- Be able to put on and remove jackets; button/unbutton, zip/unzip
- Be able to take off and put on their shoes; fasten Velcro, and preferably tie shoes
- Be able to open their snack packaging
- Be able to sit generally upright while on the floor, for 10 minutes
- Balance of one foot for a few seconds, hop on 1 foot, jump forwards and backwards, jump over low objects with feet together, throw/catch and bounce a big ball, gallop/skip