

SCHOOL PARTY INFORMATION FOR ROOM PARENTS

Dear Room Parents:

Our school district has a Wellness Policy that recognizes the link between student health and learning and promotes a healthy school environment with parent/guardian involvement. We appreciate your support of our efforts when planning for school parties. To assist us in ensuring the safety of all of our students, the following guidelines must be followed:

- The school party form listing the food to be served must be submitted to the school nurse for approval **at least one week** before the party.
- All food must be free of peanuts and tree nuts.
- All food that will be shared among students must be prepackaged with a clear food label on it and must be in line with the district nutrition policy.
- No food with sugar as the first ingredient may be served.

For your convenience, the online Safe Snack Guide may be useful in helping you plan. It can be accessed at <http://snacksafely.com/safe-snack-guide/>. **However, please be aware that your child's class may have additional food allergies or restrictions. It is essential that you contact your child's teacher or school nurse to verify if this is the case.**

If you have any questions, please speak with your school nurse. Thank you for your continued support.

The Rockaway Township School Nurses